

Tulliallan Times

Weekly Newsletter

Wednesday 7th February 2024

Vol 8 Issue 2



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Respect

Relationships

Responsibility

Resilience



UPCOMING EVENT REMINDERS

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	5 th February PREP students start school. School starts at 8:50am and finishes at 3:10pm	6 th February	7 th February	8 th February	9 th February
	12 th February	13 th February	14 th February	15 th February Cyber Safety Parent Information Session	16 th February Cyber Safety Parent Information Session
Week 3	19 th February Henny Penny chickens arrive. Meet the Teacher 3.15pm until 5.45pm	20 th February Brainstorm Production Prep to Year 2 Meet the Teacher 3.15pm until 5.45pm	21 st February	22 nd February	23 rd February Brainstorm Production Year 3 to Year 6
	26 th February	27 th February	28 th February House Cross Country Prep to Year 2	29 th February House Cross Country Year 3 to Year 6	1 st March District Swimming
Week 4	4 th March	5 th March	6 th March	7 th March	8 th March Year 6 Interschool Sport Round 1 School Photos Prep to Year 6

PRINCIPAL'S REPORT

SETTLING INTO ROUTINE

We are very impressed with our students settling into routine after only 8 days back at school. Our new Preps have shown how ready they are for school following teacher directions and learning patience and how to wait for their turn. Congratulations on a great start to the school year.

2024 STUDENT LEADERS

Congratulations to our 2024 Student Leaders and SRC listed below. We hope to hold the badge presentation for the student leaders on Monday 26th of February at 2.30pm in the school stadium. We are just waiting on our guest presenter to confirm. Parents are welcome to attend.

We are yet to select our Peer Mediation Student Leaders. This is a new program that we are introducing in 2024. STRIDE Education along with two TPS teacher leaders will train selected student leaders to work in pairs to resolve low level issues that may happen during recess and lunchtimes outside. Through the 6 Steps of Mediation and using listening skills, assertiveness, brainstorming and empathy, the Peer Mediation Leaders can support younger students in the yard.

SCHOOL CAPTAINS

Ayush B Maxine N
Ravindu A Lannah P

HOUSE CAPTAINS

Elder

Walter W Isabel H

Mitchell

Noah K Abbigail L

Rossiter

Toby W Navya P

Strettle

Caidyn W Saba J

SPECIALIST LEADERS

MUSIC

Ruby H Abhilesh J

ART

Tabitha H Marwa E

MANDARIN

Ashlesha T Marco L

DIGITAL TECHNOLOGIES

James M Kirat K

GREEN TEAM (Sustainability)

Shraddha M Arshia M Deana W Sayuni S

STEM

Minoli H Esandu S

SRC – STUDENT REPRESENTATIVE COUNCIL

YEAR 3

3A Sebastian S, 3B Mahla N, 3C Cooper R, 3D Naureen P, 3E Viyaan V, 3F Sofia L, 3G Fariha A, 3H Shlok N

YEAR 4

4A Jay H, 4B Kaitlyn T, 4C Mehwish K, 4D Sierra S, 4E Danish B, 4F Heath K, 4G Farah G, 4H Eliza M, 4I Aayush R

PRINCIPAL'S REPORT

YEAR 5

5A Reyon H, 5B Dhyan P, 5C Sienna W, 5D Hazel D, 5E Harjas P, 5F Jovana Z, 5G Nuha T, 5H Dildeep S, 5I Levi N, 5J Jaden S

YEAR 6

6A Nethupa G, 6B Lia-Rose L, 6C Mehar G, 6D Amadi A, 6E Leo R, 6F Neelesh S, 6G Prahi G, 6H Abhinav R, 6I Ava M

ASSEMBLIES FOR 2024

Term 1

26 Feb Student Leader Badge Presentation

25 March

Term 2

6 May

3 June

Term 3

29 July

2 September

Term 4

14 October

18 November

16 December

STUDENTS WEARING HELMETS WHEN RIDING SCOOTERS AND BIKES

Congratulations to the majority of students who are wearing helmets when riding bikes and scooters. VIC ROADS states that All bike and scooter riders are required to wear a bike helmet in Victoria.

Mandatory bicycle helmet laws were introduced in July 1990. This applies when riding:

- on roads and road-related areas
- on bike and shared paths
- in bike lanes
- in recreational parks
- in car parks
- on footpaths.

Police can stop bike and scooter riders and issue a fine or a warning for not wearing an approved bicycle helmet. Please use the link below to see safety and road rules.

<https://www.vicroads.vic.gov.au/safety-and-road-rules/cyclist-safety/wearing-a-bicycle-helmet>

2024 SCHOOL COUNCIL ELECTIONS- NOMINATIONS OPEN MONDAY 12TH FEBRUARY

Tulliallan Primary School Council is made up of nine members - 4 parent representatives, 3 Department of Education representatives (of which one must be the Principal) and 2 co-opted representatives. The two co-opted positions can only be appointed by the School Council once established. Of our four parent representatives, one completes their term in March 2024, meaning we will have **one vacancy** for 2024.

PRINCIPAL'S REPORT

Our School Council meetings are held at school at 6pm in the evening twice per term.

Nominations for parent and DET employee vacancies on the Tulliallan Primary School Council, open on Monday morning the 12th of February and will close the following Monday 19th February, at 4pm. All nominations must meet the eligibility criteria.

Timetable For Elections

- Notice of Elections and Call for Nominations - Monday 12th February 2024.
- Close of Nominations - Monday 19th February at 4pm 2024. (If more than one nomination is received then a ballot will have to be conducted).
- Date by which the list of candidates and nominators will be placed on the school office door - Wednesday 21st February 2024.
- All voting completed (only if necessary) - Monday 4th March 2024
- Declaration of Ballot (only if necessary) - Tuesday 5th March 2024

Duties of a School Council

Within Department Policy, the major responsibilities of all school councils include:-

- Developing and monitoring the directions of the school strategic plan.
- Establishing the goals and priorities of the school and determining its education policy.
- Approving the school budget consistent with the school charter and maintaining financial responsibility.
- Reporting annually to the school community and Department of Education.
- Developing the school's code of conduct.
- Generally, stimulate interest in the school.
- Approve all camps and excursions that are conducted overnight.
- Perform functions imposed on the council by the Education and Training reform Act 2006 or any Ministerial Orders issues by the Minister under this act.

Role of School Councillors

Parents and staff are elected to council to represent the interests of all students, parents and all staff and to ensure that the best outcomes for all students are achieved.

Nomination forms are available from the Principal. If you have any questions about the role of a school councillor or the nomination process, please contact the Principal at the office. If more nominations than the number of vacancies are received, a ballot will be conducted. Details of the ballot will appear in the newsletter. The first meeting for the **existing** school council will be on Wednesday 21st of February at 6pm. The first meeting for **newly elected** councillors will be on Wednesday 20th of March at 6pm.

Have a great week.

Kathy Sharp

ASSISTANT PRINCIPAL'S REPORT

MEET THE TEACHER CONFERENCES

On Monday February 19th from 3.15pm – 5.40pm and Tuesday February 20th from 3.15pm – 5.40pm 'Meet the Teacher' Conferences will be conducted. The timeslots are scheduled for every 10 minutes.

The purpose of 'Meet the Teacher' conferences is of course to meet the teacher, but it allows parents to discuss their child and give staff any relevant information. The 'Meet the Teacher' conferences are not an academic progress conference.

Bookings open tomorrow, Thursday 8th February:

If booking through a computer:

Using Compass you can book your parent-teacher conferences online.

1 On the home screen, beside the student you wish to make bookings for, click 'Book Parent Student Teacher Conference'



2 A list of parent-teacher conference cycles will be displayed along with their booking status. Click on the relevant cycle.



If you are booking using your phone, please see graphic below:

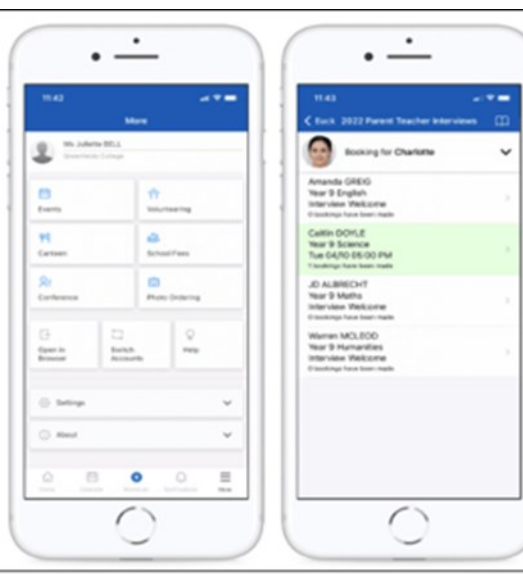
Parent – Teacher Conference – app

Click on the three lines on bottom right-hand corner. (more)

Select Conferences

Select 2024

Then make booking.



ASSISTANT PRINCIPAL'S REPORT

3

Your booking sheet will be displayed and will show your available booking times. Click on a time in the grid to display teachers available for booking at that time.



If you require an interpreter, please indicate this when booking. Any other questions please contact the school on 8766 3100.

DARI INFORMATION SESSION

والدین گرامی،

لطفاً به روز پنج شنبه بتاريخ ۸ ماه فروری ساعت ۹ صبح به اتاق منابع تشریف بیاورید. میخواهیم شما را جهت ارائه معلومات راجع به مواردی دعوت کنیم. در این دعوت معاون مدیر مکتب حضور خواهد داشت تا در رابطه به رویداد های مهم در این ترم با شما گفتگو کند.

معلمه روحینا نعیم جهت ایجاد سهولت گفتگو و سهولت ترجمه به لسان فارسی در جمع حضور دارد.

ما مشتاقانه منتظر دیدار شما روز پنج شنبه بتاريخ ۸ ماه فروری ساعت ۹ صبح هستیم.

بااحترام،

Lynne

McDonald

معاون مدیر مکتب

TERM ONE LEARNING COMMUNITY NEWSLETTERS

Last Friday on COMPASS all year levels posted an introduction to the teachers who are working in your child's year level as well as the specialist team and their program for the term. This Friday an outline of the events and curriculum content for the term will be posted. After reading the outline for the term please contact the home group teacher if you have any questions.

MUSIC BEFORE SCHOOL

At 8.47am, music will begin to play across the school to alert everyone that there is three minutes to get to class. Once the music stops all parents MUST be off the school site so gates can be closed. Lessons begin right on 8.50am so please try to avoid bringing students to school too close to that time.

Have a good week.

Lynne McDonald

ASSISTANT PRINCIPAL'S REPORT

DROP OFF/PICK UP

School gates will open each morning at 8:35am and will be closed and locked at 8:50am. Please support us by ensuring your students go straight to their classroom when they arrive and that you have vacated the school prior to 8:50am as the gates will close and be locked.

At 3:05pm the gates will reopen, and students will be dismissed at 3:10pm. The gates will then be locked at 3:25pm.

ROAD SAFETY

Road safety is a continual issue around drop off and pick up times.

We are a very large school and during drop off and pick up times roads can be very busy. We urge all parents and community members to be alert, mindful and respectful of road rules and respectful of our community neighbour's properties.

It is highly recommended you utilise the crossings around the schools and have discussions with your students around the importance of using these to remain safe.

NAPLAN DATES 2024

MARCH:

Wed 13 th	Yr3 & Yr5 Writing
Thur 14 th	Yr3 Reading
Fri 15 th	Yr5 Reading
Mon 18 th	Yr3 Language Conventions
Tues 19 th	Yr5 Language Conventions
Wed 20 th	Yr5 Maths
Thur 21 st	Yr3 Maths
Fri 22 nd	Yr3 & Yr5 Catch Up

STUDENT CHALLENGE

Congratulations to last week's winners:

Keerat 4H

Nivaan 5D

Please email this week's answers to Aaron.bickery@education.vic.gov.au by next Monday to go into the weekly draw to win a prize. If you are a prize winner please come and see Mr Bickery to collect your prize.

Enjoy your week,



Aaron Bickery

TUTOR LEARNING INITIATIVE

The Tutor Learning Initiative team are enthusiastic to continue the TLI program for the fifth year at Tulliallan Primary School. The team has been discussing and analysing data for various cohorts and have selected students for our first cycle.

Our Tutor Learning Initiative Team and allocated year levels for Term One 2024:

Kathy Sharp	Year Five
Casey Sires	Year Five
Larna Cleary	Year Five
Katrina Woollard	Year One and Five
Simone Cosgriff	Year Three and Five
Leonie Sinclair	Year Three
Cheryl Pollock	Year Three

We look forward to seeing our Term One parents at our information session tomorrow at 2.30pm in the Resource Room. Please remember to sign in at the office when you arrive. If you are unable to attend the parent session, please contact your child's TLI teacher and they will send you an electronic document.

Thanks,

Tutor Learning Initiative Team.

WELLBEING

SPREADING RANDOM ACTS OF KINDNESS EVERY DAY

"How do we change the world?"

One Random Act of Kindness at a time."

-Morgan Freeman-

At Tulliallan we value Kindness and encourage our students to show kindness to all and to be on the lookout for others being kind, both in the yard and classroom. These acts of kindness are celebrated at our assembly where students can receive a kindness leaf. Our SRC members then place these leaves on our Kindness Tree that continues to grow throughout the year.

Kindness comes in many forms: acts of generosity, consideration, assistance, or concern for others, without expecting praise or reward in return. There are three different types of kindness – towards yourself, others and the world.



*Hop on the Tulliallan homework site – wellbeing page and play Acts of Kindness Bingo at home.



ADMIN UPDATES

SCHOOL CONTRIBUTIONS AND STATIONERY PAYMENTS


School contributions for 2024 are able to be made via Compass. The 2024 school contributions include the required stationary.

You can contribute by following the link located at the top of your Compass Newsfeed.

Payments Centre
Did you know that payments can be made through Compass for school fees, events, and voluntary contributions?
[Click here for more information](#)

 | No surcharge

[Click here to view and pay school contributions](#)



SCHOLASTIC
Book Club

The Book Club order cut off date is the 16th of February

SCHOOL NEWS

PREP

All of the teachers are very proud of the Preps for making a great transition to school this week! We have been exploring what our school looks like, learning the school routine and have been discussing how we can be active learners. We also began learning about letters and their sounds through the 'Jolly Phonics' program and are excited that we are bringing home our readers to practise our reading.

We have so many exciting things planned for this year and are looking forward to our Preps achieve their learning goals. Great effort everyone!



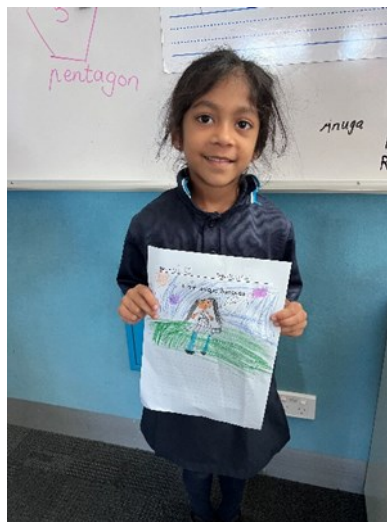
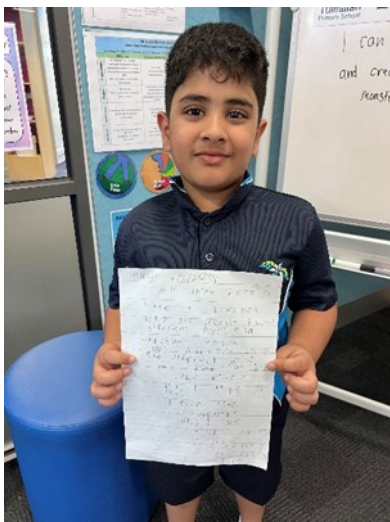
YEAR ONE

Congratulations on a wonderful start to Year One!

It has been fantastic to see all your smiling faces back at school and ready for another amazing year!

This week we have been working on developing relationships with our new classmates, exploring the school values, learning about our new Learning Community and new teachers.

We can't wait for another awesome year!



SCHOOL NEWS

YEAR TWO

This week, it has brought us immense joy to welcome our students back for Year Two at Tulliallan Primary School. The return to school has been nothing short of fantastic, with our students seamlessly transitioning back into the routine of learning and building new friendships. It's heartening to witness the enthusiasm and positive energy radiating through our Learning Community.

We have kicked things off with our 'Team Tulliallan' unit. With a focus on fostering meaningful relationships and setting clear expectations, our students have engaged in fun tasks and thoughtful discussions, aimed to strengthen their bonds within our school community and lay the foundations for a year of success.

We encourage families to actively participate in their child's educational journey. Attend school events, join our parent-teacher meetings, and stay connected through Compass. Your involvement is a key ingredient in creating a strong and vibrant school community.

Wishing you all a fantastic year ahead!

Warm regards,

Year Two Teaching Team



YEAR THREE

Welcome back to school Year Three! We hope you had an enjoyable, relaxing holiday and are ready for the new year. We have so many exciting things to look forward to this term!

This week, we have had so much fun getting to know our new teachers and learning spaces. We have revised our school expectations and routines and have enjoyed spending time developing relationships with our new classmates. We also heard from some of our peers who wanted to nominate themselves as our Student Representative Council ('SRC') representatives for this year. It was fantastic to hear so many speeches and we look forward to finding out who will represent each of our home groups.

Keep up the great work, Year Three!



SCHOOL NEWS

YEAR FOUR

WELCOME BACK!

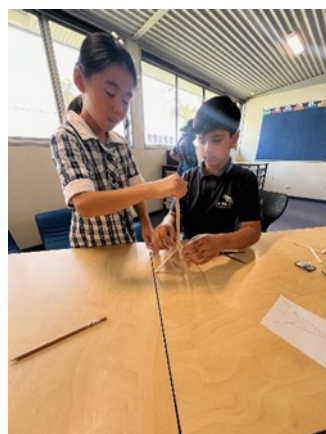
Wow, what a fantastic start to 2024 we have had in the Year Four Learning Community! We have all been so impressed with how quickly you adapted back to our normal school routines after six weeks of holidays. You have been absolute superstars when it has come to transitioning in and around our Learning Community and portables and have shown us how responsible you have all become. It has been a very busy start to the year with Team Tulliallan, voting in our SRC representatives, presenting our 'Me Boxes' and developing our Code of Co-operation.

We can't wait to watch you succeed throughout 2024! Here are a few highlights from the week so far!



YEAR FIVE

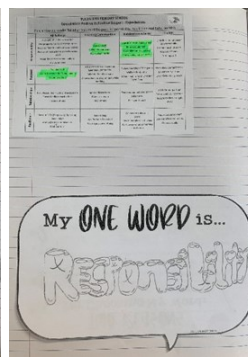
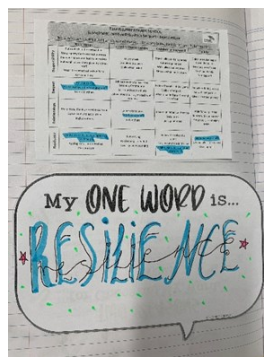
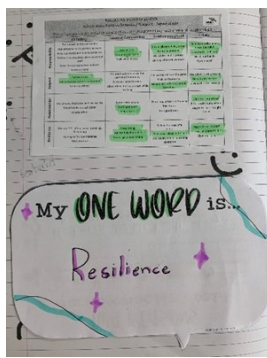
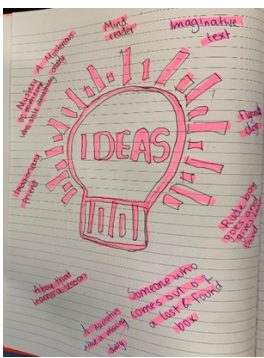
Wow! What an awesome start to 2024! It has been amazing watching the smiling faces of both our students and teachers arriving at school every day. We have been focusing on forming new connections with our peers and re-establishing old friendships. Lots of discussions around our four Tulliallan Values, Respect, Relationships, Resilience and Responsibility have been had, as we are making sure to set ourselves up for the BEST year ever! Stay tuned to our newsletters to find out more about our wonderful adventures as we reach for the stars in 2024!



SCHOOL NEWS

YEAR SIX

The Year Six students are so excited to be back, ready for their final year of primary school. They got straight into their learning this week, getting started in their Reading and Maths groups and participating in Team Tulliallan. We have created our Code of Cooperation, practiced our classroom routines and have been busy setting ourselves up for a fantastic year. The students are looking forward to many things this year, including Inter-school Sport, Camp, Leadership opportunities and every other exciting opportunity that comes with being in Year Six.



SPECIALISTS

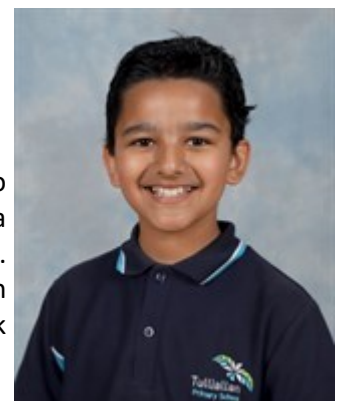
Did you know that we have student leaders for each of the specialist areas? You will see their faces pop up at various activities such as Cross Country, STEM Expos, Productions, lunchtime clubs, Art competitions and many more! We would like you to be familiar with who our wonderful captains are so you can say hello whenever you see them around the school!

MUSIC AND PERFORMING ARTS



Hello my name is Ruby and I am one of your Music captains for 2024. I am super excited to help you all in music this year, I am a person who is very approachable and I look forward to teaching some of you a little more about music and other instruments. I complete my work to a high standard and will strive to be the best Music captain I can be. I joined Tulliallan Primary School when I was in Year two in 2020. I am super lucky to be one of your Music leaders for 2024.

Abhilesh is a studious and approachable Music leader who relishes the opportunity to learn instruments and to help mentor his peers. He will step into his new role as a Music captain with the confidence to lead and guide his peers at every opportunity. Abhilesh thrives on completing Music tasks to a high standard and enjoys taking on challenging extension activities. We welcome Abhilesh into his new role and look forward to him returning to school soon to begin his new journey as a Music captain.



SCHOOL NEWS

VISUAL ARTS

Our captains will take on a variety of roles, including running clubs, helping out in the Art room, showcasing Art events throughout the year, assisting with creations for the school production and contributing to weekly newsletter items and even more.



Hi, my name is Marwa, one of your Art captains. I'm in 6F this year. This year I'd like to build more relationships with the Tulliallan community through my roles as a student leader this year. I'm also looking forward to the school production and helping out our Art teachers with creating the props and costumes. I hope this year will be amazing. Thank you, bye!! :)

Hi! I'm Tabitha, one of the 2024 Art Captains. I am so excited to be a captain this year so that I can contribute my ideas with all things about Art and events that relate to creating artworks at our school. I'm looking forward to sharing my Art skills with the rest of the school and helping the Art teachers. I hope this year will be amazing! Thank you for reading.



STEM



Hello, my name is Minoli and I am one of the STEM captains for 2024. STEM has always been such a big part of my life, and I love to do STEM-related tasks in my spare time at home. I ask myself questions about the world around me and investigate the answers by watching videos, doing my own mini-experiments or asking my parents. I am extremely grateful for this opportunity to share my passion with our Tulliallan students and make a positive impact in our school. I am excited to get everyone involved in the upcoming STEM activities for 2024.

Hello my name is Esandu and I am one of your STEM captains for 2024. I really enjoy Maths, Science and drawing. I am always driven to achieve my best and challenge myself with multiple tasks. I have been obsessed with STEM since my first lesson and wish to become a scientist when I grow up. I will do my absolute best to help our incredible school alongside Minoli and our STEM teachers, and I look forward to another amazing year.



SCHOOL NEWS

MANDARIN



Hello everyone! My name is Ashlesha, and I am one of your Mandarin captains this year. I am a kind and generous person who often takes the initiative to help my teachers and peers. My “have a go” attitude ensures that I perform at the best of my ability in all activities. Some of my hobbies are dancing, painting, drawing and exploring different languages and cultures such as Mandarin and Chinese culture. I am thrilled to be elected as a Mandarin captain this year, working alongside the Mandarin teachers and Marco. I am looking forward to an exciting year packed with activities such as making dumplings.

Nǐ hǎo Everyone! My name is Zhijun (Marco), and I will be one of your Mandarin captains in 2024. My cultural background is Chinese, and I have always been proud of my heritage. I am an upstander who always shows respect, follows the school values, and helps other people in need. Some of my passions include painting, drawing, reading books, and playing badminton. I am honoured to represent this wonderful school as a Mandarin captain. I am sure we are all going to have an amazing year in Mandarin!



HOUSE CAPTAINS



Hello everyone! I am Walter and your Elder House Captain for 2024. I am very excited for the big year ahead of me. I love playing sports such as basketball, netball and sometimes soccer as well. Basketball is my favourite sport and I play Rep basketball. I have a younger brother, Harvey, who is in Year 4. I love him very much and hope that he can be an Elder House Captain when it is his time as well. This year, I am looking forward to being involved in Cross Country, Athletics Day, Colour Run and Interschool Sports!

Hi, I'm Isabel! I am one of the Elder House Captains for 2024. I play lots of basketball outside of school. I am also very passionate about Art and just being creative in general. This year, I am looking forward to Cross Country, Athletics Day and Inter School Sports the most. I am so excited for my 7th year at Tulliallan Primary School, and to be your Elder House Captain!



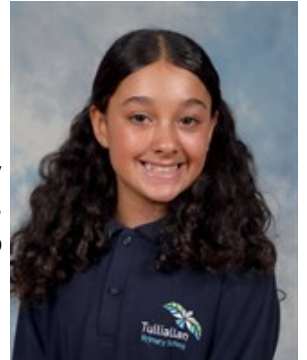
SCHOOL NEWS

HOUSE CAPTAINS



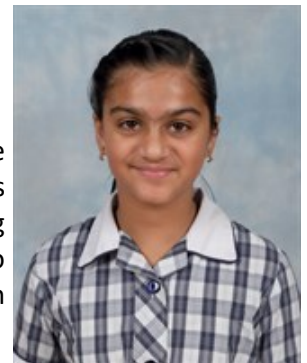
Hello everyone my name is Noah and I am your 2024 Mitchell House Captain. Outside of school, I play basketball and footy, and I absolutely love it! As one of the Mitchell House Captains I am looking forward to Athletics Day, Colour Run and Inter School Sports. I first started at Tulliallan as a Prep student and I feel very grateful for the opportunity to be a captain this year.

Hello! My name is Abbigail and I am one of the Mitchell House Captains for 2024. I have a brother, a dog and a cat. My favourite sport is volleyball! I love to play volleyball with my friends at recess and lunch as well. When I found out I was Mitchell House Captain, I was so happy and excited. This is my 7th year at Tulliallan Primary School and I can't wait to begin my journey as a House Captain.



Hello, my name is Toby from 6C and I am one of Rossiter's House Captains for 2024. I have loved sports my whole life. Basketball is my favourite and I have played it for the last 7 years. I play Rep basketball for the Casey Cavaliers in the 14.4s. I also love AFL and might start playing it more. During recess and lunch, I tend to play basketball with my friends. I am very grateful for this opportunity to be a House Captain and am looking forward to an amazing year!

Hi! My name is Navya and I am one of your Rossiter House Captains for 2024. I love basketball and play in a club called the Berwick Panthers. I also love other sports such as badminton, netball, soccer and volleyball. I enjoy participating in our school sporting events such as Cross Country and Athletics Day. I am very grateful for this opportunity to be the Rossiter House Captain and hope that I can be the very best Rossiter House Captain for our school!



Hi everyone, I am Caidyn and am one of your Strettle House Captains for 2024. I have now been at Tulliallan for 3 years. I love playing sports and my favourites would have to be football, soccer and basketball; I also play football and cricket outside of school. I have 3 other siblings - two brothers and a sister. This year, I am very excited about Cross Country, Athletics Day and our Colour Run! I am also very keen for Inter School Sports. I was so excited when my name was announced for the House Captain role and hope to be a great captain for our school!

Hello everyone! My name is Saba and I am one of the Strettle House Captains for 2024. Ever since I was in Prep I have loved sports. It has always been very fun and my favourite sport is netball. I tend to participate in as many sporting events as possible because it's something that I truly enjoy. I am passionate about my role as a House Captain and hope to make everyone proud





AWARD WINNERS



Under our Responsibility value the following students have best displayed the quality of **Learning.**

VALUES AWARDS

1A	Jada	2G	Harankrishna	4F	Evie	6A	Samim
1B	Grace	2H	Asreet	4G	Ishank	6B	Loklan
1C	Hayley	3A	Joel	4H	Tiana	6C	Tyson
1D	Vanessa	3B	Bella	4I	Tahlia	6D	Ayush
1E	Mahir	3C	Marley	5A	Raul	6E	Neerav
1F	Niya	3D	Ali	5B	Andoni	6F	Cooper
1G	Mahira	3E	Viyaan	5C	Jan Ritchie	6G	Falisha
1H	Diora	3F	Oshen	5D	Lylah	6H	Ruby
1I	Naisha	3G	Akshara	5E	Harjas	6I	Max
2A	Norah	3H	Jack	5F	Imogen		
2B	Conor	4A	Sienna	5G	Sarathiram		
2C	Safwana	4B	Kaeka	5H	Jasjot		
2D	Panth	4C	Abdul	5I	Aadarsh		
2E	Reuben	4D	Shivansh	5J	Harsahib		
2F	Lilly	4E	Danish				

ART

Michaela 4H

MANDARIN

Ashlesha 6B

STEM

Callum 2D

MUSIC

Olivia PC

PE

Kiara 4E

Brainstorm Productions



Sticks & Stones

On Tuesday, 20th February (for Years Prep- 2) and Friday, 23rd February (for Years 3-6), Brainstorm Productions will be presenting their student wellbeing performance 'Sticks & Stones'. 'Sticks & Stones' is a live educational theatre performance that promotes resilience, cyber safety and positive connections.

When things go wrong at home, at school or online, Toby's body goes into fight/flight. He feels angry, frightened and confused and responds in the only way he knows how – with aggression and antisocial behaviour. When Toby meets Joe, he learns to be assertive and respect boundaries. He deals with negative online experiences by reporting and telling an adult, and learns more positive ways to deal with anger: he stops, breathes, puts his hands in his pockets, walks away and talks about his feelings. Toby cooperates with other kids to create a circus routine with acrobatics and juggling.

'Sticks & Stones' is part of our student wellbeing curriculum and has been developed by teachers and psychologists. This exciting live theatre experience provides students with practical social and emotional skills, and encourages students to build positive connections at school, at home and online.

Brainstorm Productions is one of Australia's most experienced and respected theatre in education companies, performing to over 260,000 students every year. They offer a range of programs to help schools nurture healthy and harmonious environments, addressing issues such as mental health, online safety, bullying and resilience. Brainstorm Productions are endorsed by the eSafety Commissioner as a Trusted eSafety Provider and listed as an evidence-based bullying prevention program on the Victorian Schools Mental Health Menu. Learn more about Brainstorm Productions by visiting their website (brainstormproductions.edu.au), or following them on Instagram ([@brainstormproductions](https://www.instagram.com/brainstormproductions)), Facebook ([@Brainstorm.Productions](https://www.facebook.com/Brainstorm.Productions)) or LinkedIn ([linkedin.com/company/brainstormproductions](https://www.linkedin.com/company/brainstormproductions)).

COMMUNITY NEWS



Parenting and Mental Health

A six-session parenting program for parents or carers of children aged 0-18 years.

The group promotes respectful, caring, and nurturing relationships between parents and their children, whilst supporting parents experiencing mental health difficulties. Our Parenting and Mental Health program is facilitated in partnership with FaPMI (Families where a Parent has a Mental Illness) and input from a Consumer Consultant from the Mental Health program at Monash Health.

The program aims to:

- Provide a supportive learning environment for parents to develop new skills
- Learn more about brain development and how this influences a child's thoughts, feelings, and behaviours.
- Provide information, support and ideas to help parents remain calm when challenging behaviours present
- Explore ways of increasing self-care and wellbeing.

Cost
Free

Date
Every Tuesday
6th February - 19th March 2024
[No group - 27th February]

Time
10am until 12:30pm
Light refreshments will be served

Venue
Strathaird Family & Community Centre
106-108 Strathaird Dr,
Narre Warren South

Get in touch
Bookings Essential

Please call the Group Workers on **03 5990 8400** to register, or email: groupwork.south@vt.uniting.org
unitingvictas.org.au



MonashHealth

Uniting



Eat Well Spend Well

A six-session parenting program for parents or carers with children of any age.

The Eat Well Spend Well program centres on equipping parents with tools to manage their budget whilst cooking healthy and nutritious meals.

Each session parents or carers will cook a meal which they then eat together.

Eat Well Spend Well aims to:

- Introduce parents to budgeting tips
- Improve financial literacy
- Explore money beliefs and spending habits
- Provide information on healthy eating
- Teach basic cooking skills to create healthy meals

Cost
Free

Date
Every Tuesday
13th February - 19th March 2024

Time
10am until 1:30pm

Venue
Lynbrook Community Centre
2 Harris Street
Lynbrook 3975

Get in touch
Bookings Essential

Please call the Group Workers on **03 5990 8400** to register, or email: groupwork.south@vt.uniting.org
unitingvictas.org.au

Uniting

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First session free!

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BALL360, CRANBOURNE WEST

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