



TULLIALLAN PRIMARY SCHOOL

EFTPOS available at the Canteen



ON-LINE LUNCH ORDERS

You can now order your child's lunch online @

www.myschoolconnect.com.au

Download the App at the App Store or Google play

We have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades, choose their lunch and we will take care of the rest. You can order in advance or on the morning until 9am Too easy!! Categories are the same as this menu with some extra yummy choices. 😊

CANTEEN LUNCH ORDERS

For orders direct to Canteen Please write the following details for your child's lunch order on a **Paper Bag**;

Child's Name & Grade, Food order, Cash amount enclosed
Food Allergies in **Red Pen**
Please provide one bag per order

*If a bag is not supplied 20c for a bag will need to be included.
* To help us to comply with Food Safety Regulations all Paper Bags must be new



Grab a Coffee or Hot Choc
Hot Chocolate \$2.00
Coffee SM \$3.50
Tea \$2.00
Light Milk and Soy Available

TERM 4 2020

CANTEEN MENU



Nutritional Guide

All The Food in this Canteen Menu has been ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

😊😊 Green 😊 Amber

This Menu is in line with the DEECD School Canteen and other School food Policy “

Whilst we offer Gluten Free choices these are prepared with care in a Gluten environment

GF Gluten Free V Vegetarian H Halal

info@stircrazykids.com.au

Facebook/stircrazykidscanteen

TUMMY TEASERS

Available for lunch orders and every Canteen day at Recess and Lunchtime

😊😊	Orange 1/4	.40c
😊😊	Slinky Apple	\$1.00c
😊😊	Slice of Fruit in Season	\$1.00c
😊	Mini Muffin	\$1.00c
😊	Anzac Biscuit	\$1.00c
😊	Corn Flake cookies (Gluten Free)	\$1.00c
😊😊	Garlic Finger	.50c
😊	Jumpys (Chicken/Salt&Vin)	\$1.10
😊	Vege Chips (Gluten Free)	\$1.50
😊	Grain Waves	\$1.50
😊😊	Cobs Pop Corn Large	\$1.50
😊😊	Small Bag	.50c
😊	Ginger Bread People	\$2.00
😊😊	Yoghurt Tubs—Topper with Fruit Coulis	Sml- \$1.00 Med- \$1.50 Lge-\$2.00
😊😊	Quelch-Frozen Fruit Icy Pole	\$1.00

DRINKS

😊😊	Juice Box 250ml- Apple /Orange	
	Apple & Blackcurrant	\$1.80
😊	Oak Milk	
	Choc / Straw / Vanilla	\$2.50
😊😊	Plain Milk	\$2.50
😊😊	Lactose Free Choc Milk	\$2.50
😊	Hot Chocolate	\$2.00
😊😊	Bottled water	\$1.50



Tulliallan PS Tr 4 2020

SPECIAL MEAL DAYS

MUNCHY MONDAY

- ☺☺ **H Sushi Rolls** with Carrot & Cucumber
 Serving size 2 Rolls Choose from:
 Tuna, Chicken, Honey Soy Chicken
 Or Avocado **\$5.40**

TASTY TUESDAY

- ☺☺ Butter chicken with rice **\$5.00**
 Available H

WICKED WEDNESDAY

- ☺☺ **H Chicken Schnitzel Burgers** **\$5.00**
 Crumbed Chicken Breast with
 Lettuce and Mayo
 Add Cheese **50c**

TEMPTING THURSDAY

- ☺☺ **H Steamed Dim Sims** **\$1.00**
Gluten Free **\$1.50**
 With or without Soy sauce

FANCY FRIDAY

- ☺ Hot Dog or Beef Sausage H
 Or a chicken sausage H
 White long roll and Frankfurt **\$4.00**
 Add Cheese **.40**

SPECIAL MEAL DEAL

Include an Oak Milk or Plain Milk for \$2.30 Add a Slinky Apple, Anzac, Cornflake cookie or a Mini Muffin for .80c each

RIGHT-ON-WRAPPS

Tortilla Style Wrap with your choice of:

- ☺☺ Cheese & Salad \$4.00
 ☺☺ Ham & Salad \$5.00
 ☺☺ **H Chicken & Salad** \$5.00
 ☺☺ Tuna & Salad \$5.00
 Add Cheese .60c add avocado & 1.00

SUPER SALAD BOWL

- ☺☺ Super Salad Bowl **GF** **\$4.00**
 Lettuce, Tomato, Carrot, Cucumber & Cheese
 Add any extra filling for \$1.00 EA
 Chicken, Ham, Tuna, Egg, or Avocado
YUM! YUM! YUM!



HOT ITEMS ANY DAY

Meal Deal Any Day

- ☺ **V Penne Pasta & Oak Milk** **\$6.30**
 Add a Slinky Apple, Anzac Cornflake cookie
 or a Mini Muffin for .80c each

- ☺☺ Penne Pasta with Cheese **V** \$4.00
 (Available Gluten Free) \$4.40
 ☺☺ Mini Corn Cob **V** \$1.00
 ☺☺ Hard Boiled Egg \$1.00
 ☺☺ Fresh Chicken Zoomer **H**
 With or without cheese \$4.80
 ☺☺ Tuna, Chicken **H** or Ham Melt
 Toasted with Corn & cheese \$4.80
 ☺☺ Pita Pizzas **Margarita V** \$4.00
 Ham & Cheese \$4.40
 Hawaiian \$4.80

GF Gluten Free V Vegetarian H Halal

SUPER SANDWICHES

& ROCK 'N' ROLLS

Your Choice White Hi Fibre/Wholemeal
 Rolls are available for an extra 60c
 Gluten Free Bread .60c & Lactose Free Cheese .50c

- ☺ Vegemite \$2.30
 ☺ Honey \$2.30
 ☺☺ Cheese \$2.70
 ☺☺ Cheese & Vegemite \$2.80
 ☺☺ Cheese & Lettuce \$3.00
 ☺☺ Cheese & Tomato \$3.00
 ☺☺ Egg \$3.00
 ☺☺ Egg & Lettuce \$3.50
 ☺☺ **H Fresh Chicken** \$3.50
 ☺☺ **H Fresh Chicken & Salad** \$4.80
 ☺☺ Ham \$3.50
 ☺☺ Ham & Salad \$4.80
 ☺☺ Ham & Cheese \$4.00

Extra fillings, Tomato, Cheese, Carrot, Lettuce
 All extra fillings are 60c each
 Avocado \$1.00

Truly Tasty Toasty's

- ☺ Vegemite \$2.40
 ☺☺ Cheese \$2.70
 ☺☺ Ham \$3.50
 ☺☺ Ham & Cheese \$4.20
 ☺☺ Ham & Cheese & tomato \$4.70
 ☺☺ **H Chicken & Cheese** \$4.20
 ☺☺ Cheese & Vegemite \$3.00
 ☺☺ Cheese & Tomato \$3.20

Order online Details PTO

EFTPOS available at the Canteen